

Guide to Mentoring

The volunteer mentor will:

- Participate in initial training and DBS check.
- Meet with a young person on a weekly or fortnightly basis, for approximately an hour – to be agreed with your mentee.
- Work with the young person to identify goals and objectives and help them work towards these, this can be created through an Action Plan or discussed verbally between you and your mentee.
- Be a positive source of support guidance and encouragement for the young person.
- Maintain confidentiality in accordance with Adviza confidentiality policy.
- Complete a short monthly update form so we are aware of the contacts you are making and the work that is happening (this makes our reporting much easier!)
- End the mentoring relationship in a positive way and cease contact with the young person once they have been successful in finding work, training or further education.

What is Lucky Break Mentoring?

Lucky Break Volunteer Mentoring programme is available for young people aged 16-19 years. The scheme offers support to young people who are unemployed or at risk of being so, to help them remain in, or enter education, employment or training.

What is Energise Mentoring?

This scheme offers support for 14 and 15 year olds who are not achieving their potential in school.

Training:

Both Lucky Break and Energise Mentoring programmes have a comprehensive initial training programme that all mentors must successfully complete, before undertaking any mentoring. The aim of the training is to give volunteers enough information to decide whether this programme is right for them and to prepare them to start a mentoring relationship with a young person.

Support available:

We hold a 'Sharing Good Practice' evening for all the volunteer mentors every six months, where mentors are encouraged to discuss any issues, any successes etc. The Mentor Co-ordinator is available via email, text or phone call for any support and information you require. If you feel you need regular support meetings, this can be organised.

Commitment:

The nature of the mentoring role is to develop a relationship with a young person to assist them in finding work, training, education or something positive. It is expected that volunteer mentors will give a commitment to the mentoring project for 6 to 12 months. The actual times of meeting will suit both you and your mentee, for approximately an hour weekly or fortnightly.

Contact:

Buckinghamshire and Oxfordshire

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