

Lone Parent Project – Guide to Mentoring

The volunteer mentor will:

- Participate in initial training and DBS check.
- Meet with a lone parent on a weekly/fortnightly basis, for approximately an hour – to be agreed with your mentee.
- Work with your mentee to identify goals and objectives and help them work towards these. This can be created through an Action Plan or discussed verbally.
- Be a positive source of support, guidance and encouragement for the mentee.
- Maintain confidentiality in accordance with Adviza's Confidentiality Policy.
- Complete a short monthly update form so we are aware of the contacts you are making and the work that is happening.
- End the mentoring relationship in a positive way and cease contact with the mentee once they have been successful in finding work, training or education.

What is the Lone Parent Project?

The Lone Parent Volunteer Mentoring Project is specifically available for unemployed lone parents aged 16-24. The scheme offers support to help them gain employment, begin training or enter further education.

Training:

The Lone Parent Mentoring Project has a comprehensive initial training programme that all mentors must successfully complete before undertaking any mentoring. The aim of the training is to give volunteers enough information to decide whether the programme is right for them and to prepare them to start a mentoring a lone parent.

Support & Supervision:

We hold a 'Sharing Good Practice' evening for all volunteer mentors every six months, where mentors are encouraged to discuss any issues, successes, ask questions etc. The Mentoring Co-ordinator is available via email, text or phone call for support and information. If you feel you need a regular meeting this can be arranged.

Commitment:

The nature of the mentoring role is to develop a relationship with a young lone parent to assist them in finding work, training, education or another positive outcome. It is expected that volunteer mentors will give a commitment to the mentoring project for 6 to 12 months. The times of meeting will suit both you and your mentee but is expected to be for approximately an hour weekly or fortnightly.

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